

# Grief, Love, and Liberation Resources – November 2024

## Songs Shared

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[Carry This All](#) - Song

[Am I born to die](#) - Song

## Grief Playlist

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<https://www.youtube.com/playlist?list=PLhWZNawhqlggSdVJrjEFWz6C-S86yaGwX>

## Resources

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Harvesting Chaos

<https://harvestingchaos.com/>

The Grievory

<https://thegrievory.com/>

Online Grief Community with personal, workplace, and community resources

[Feedback form](#) - with signup for additional resources

Matthew Armstead

[Culture Work Studios](#)