

LET'S
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IT

Types of therapists

When looking for a therapist, it's helpful to know what different titles mean. Mental health providers usually have one or more of the following degrees after their name:

Social Workers

- LCSW** Licensed Clinical Social Worker
- CSW** Clinical Social Worker
- BSW** Bachelor's of Social Work
- MSW** Master's of Social Work
- ACSW** Academy of Certified Social Workers
- DCSW** Diplomate of Clinical Social Work

Marriage and Family Therapists and Professional Counselors

- MA** Master of Arts
- MS** Master of Science
- M.Ed.** Master of Education

Alcohol abuse specialists

- CAC I, II, or III**
Certified Addiction Counselors

Psychologists

- Psy.D.** Doctor of Psychology
- Ph.D.** Psychologist (with a Ph.D.)

Psychiatrists

- M.D.** Doctor of Medicine

Psychiatric nurses and nurse practitioners

- R.N.** Registered Nurse
- R.N.P.** Registered Nurse Practitioner
- M.S.N.** Masters of Science in Nursing

Pastoral counselors (clergy)

- M.Div** Master of Divinity
- Th.D.** Doctor of Theology

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To learn more about different mental health professionals and what they do, visit: forge.tips/therapist-guide

