



Shared Solidarities: Trans & Nonbinary Reproductive Healthcare Resources

These resources were shared as part of two webinars hosted on 10/11/22 and 10/25/22, with presenters J and Afton.

Shared Solidarities: Abortion & Transgender Healthcare (10/11/22):
<https://youtu.be/cG3d78Ox5Ng>

Overturing Roe v. Wade doesn't mean overturning the right to inclusive, trauma-informed healthcare (10/25/22): <https://youtu.be/llkbnKLbjPc>

Sexual health and contraception

Safer sex for trans bodies: <https://www.hrc.org/resources/safer-sex-for-trans-bodies>

Sexual health across the gender spectrum:
www.reproductiveaccess.org/wp-content/uploads/2018/06/bc-across-gender-spectrum.pdf

Emergency contraception:
<https://providers.bedsider.org/articles/clinical-minute-emergency-contraception-for-transgender-or-gender-nonbinary-patients>

Planned Parenthood Direct: <https://plannedparenthooddirect.org/>

How to Access Free or Lower-Cost Birth Control in Each State:
<https://www.healthline.com/health/birth-control/how-to-get-birth-control>

Caring for trans and nonbinary patients (for providers)

Guidelines for the Primary and Gender-Affirming Care of Transgender and Gender Nonbinary People: <https://transcare.ucsf.edu/guidelines>



The 8 Ps: finding shared language (for providers)

	“P”	Example questions
1	Preferences	<ul style="list-style-type: none"> • Do you have preferred language that you use to refer to your body (i.e., genitals)? • Are you currently on hormone therapy? • Have you ever had any gender confirming surgeries or procedures?
2	Partners	<ul style="list-style-type: none"> • How would your partners identify themselves in terms of gender?
3	Practices	<ul style="list-style-type: none"> • Do you use toys (dildos or vibrators) inside your [insert preferred language for genitals] or anus, or do you use them on your partners? • Do you have any other types of sex that haven't been asked about?
4	Protection from STIs	<ul style="list-style-type: none"> • Are there some kinds of sex where you do not use barriers? Why?
5	Past history of STIs	<ul style="list-style-type: none"> • If yes... Do you remember the site?
6	Pregnancy	<ul style="list-style-type: none"> • Have you considered having a child of your own that you would carry? • Have you considered banking gametes? • Have you considered utilizing a surrogate with your egg?
7	Pleasure	<ul style="list-style-type: none"> • Do you feel you are able to become physically aroused during sex, such as becoming wet or hard? • How satisfied are you with your ability to achieve orgasm? • Do you have any pain or discomfort during or after orgasm?
8	Partner abuse	<ul style="list-style-type: none"> • Has anyone ever forced or compelled you to do anything sexually that you did not want to do?* <p><i>*If yes, check in before performing a pelvic exam.</i></p>

National LGBTQIA+ Health Education Center: Reproductive Health:
<http://www.lgbtqihealtheducation.org/resources/in/reproductive-health/>



Other

Reproductive Health Access Project: <https://www.reproductiveaccess.org/>

Gender Affirming Health Care at Planned Parenthood:
<https://www.plannedparenthood.org/planned-parenthood-virginia-league/for-patients/transgender-services>

Digital Defense Fund: <https://digitaldefensefund.org/>

National Network for Abortion Funds: <https://abortionfunds.org/>

NCTE ID Documents Center: <https://transequality.org/documents>

TLDEF's Trans Health Project: <https://transhealthproject.org/>

Transgender Legal Defense & Education Fund: <https://transgenderlegal.org/>

National LGBTQ Task Force: Reproductive Justice:
<https://www.thetaskforce.org/reproductive-justice/>