

## Trans-Specific Power and Control Tactics

	Tactics Used Against Trans Partners	Tactics used By Trans Partners
<b>Safety. Outing. Disclosure.</b>	<ul style="list-style-type: none"> <li>▪ Threatening to “out” you to your employer, friends, or family members</li> <li>▪ Threatening to take the children or turn them against you</li> </ul>	<ul style="list-style-type: none"> <li>▪ Threatening to tell your family, friends, employers that you aren't who you say you are (e.g. straight, lesbian...)</li> <li>▪ Turning the children against you</li> </ul>
<b>Community attitudes</b>	<ul style="list-style-type: none"> <li>▪ Ridiculing or belittling your identity as bisexual, trans, femme, butch, genderqueer....</li> <li>▪ Claiming they are more “politically correct” and using their status as an L, G, B, and/or T person against you</li> <li>▪ Stating you would harm the LGB and/or T community if you exposed what was happening</li> </ul>	<ul style="list-style-type: none"> <li>▪ Ridiculing or belittling your identity as bisexual, trans, femme, butch, genderqueer....</li> <li>▪ Claiming they are more “politically correct” and using their status as an L, G, B, and/or T person against you</li> <li>▪ Stating you would harm the LGB and/or T community if you exposed what was happening</li> <li>▪ Using "cisgender" as a slur and insult</li> </ul>
<b>Gender stereotypes (&amp; transphobia)</b>	<ul style="list-style-type: none"> <li>▪ Telling you they thought you liked “rough sex” or “this is how real men/women like sex”</li> <li>▪ Declaring you are not a real man/woman</li> <li>▪ Telling you that nobody will ever love you</li> <li>▪ Telling you that you don't deserve better and/or would never find a better partner</li> <li>▪ Claiming they know what's best for you, how you should dress or wear makeup (or not) etc.</li> </ul>	<ul style="list-style-type: none"> <li>▪ Claiming they are just being “butch” or that “it's the hormones” (to explain their violent behavior)</li> <li>▪ Telling you that there is no way to have safer sex with trans bodies, so you'll have to have unprotected sex</li> <li>▪ Threatening suicide, especially while reminding you of how many trans people commit suicide</li> <li>▪ Demanding greater share of clothing/grooming funds because their safety is at stake</li> <li>▪ Claiming they make a better or more attractive man or woman than you do</li> </ul>

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Using or undermining identity	<ul style="list-style-type: none"> <li>Using pronouns not preferred by you or calling you “it”</li> <li>Calling you pejorative names</li> <li>Ridiculing how your body looks</li> <li>Telling you that nobody would believe you because you’re transgender</li> </ul>	<ul style="list-style-type: none"> <li>Accusing you of not allowing hir to have a “proper adolescence”</li> <li>Claiming that your identity “undermines” or is “disrespectful” of theirs</li> <li>Stating that trans people are superior because they don’t limit themselves to a restrictive binary and sex role stereotypes</li> </ul>
Violating boundaries	<ul style="list-style-type: none"> <li>Eroticizing/fetishizing your body against your will</li> <li>Touching parts of your body you don’t want touched, or using terms about your body they know you find offensive</li> <li>Forbidding you to talk to others about transgender topics</li> </ul>	<ul style="list-style-type: none"> <li>Denying that you are affected by transition or by being partnered with a trans person</li> <li>Charging you with “not being supportive” if you ask to discuss questions of transitioning timing and/or expense</li> <li>Forbidding you to talk to others about transgender topics</li> </ul>
Restricting access	<ul style="list-style-type: none"> <li>Denying access to medical treatment or hormones, or coercing you to not pursue medical treatment</li> <li>Hiding or throwing away hormones, clothes, prosthetics, or other trans-specific items</li> <li>Negating your personal decisions</li> <li>Controlling finances to not allow for purchase of hormones, surgery, clothes, make up, prosthetics</li> </ul>	<ul style="list-style-type: none"> <li>Not allowing you to talk to or see your friends</li> <li>Denying access to parts of the house or apartment (where hormones or clothes may be stored)</li> <li>Negating your personal decisions</li> <li>Controlling finances in order to prioritize paying for hormones, surgery, trans-related items (even if risking not paying for rent, food or mutual expenses)</li> </ul>

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