Trans-Specific Power and Control Tactics

<table>
<thead>
<tr>
<th>Safety, Outing, Disclosure</th>
<th>Tactics Used Against Trans Partners</th>
<th>Tactics used By Trans Partners</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Threatening to “out” you to your employer, friends, or family members</td>
<td>Threatening to tell your family, friends, employers that you aren’t who you say you are (e.g. straight, lesbian...)</td>
</tr>
<tr>
<td></td>
<td>Threatening to take the children or turn them against you</td>
<td>Turning the children against you</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Community attitudes</th>
<th>Tactics Used Against Trans Partners</th>
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<tr>
<td></td>
<td>Riddiculing or belittling your identity as bisexual, trans, femme, butch, genderqueer....</td>
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<tr>
<td></td>
<td>Claiming they are more “politically correct” and using their status as an L, G, B, and/or T person against you</td>
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<td>Stating you would harm the LGB and/or T community if you exposed what was happening</td>
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<td></td>
<td>Using &quot;cisgender&quot; as a slur and insult</td>
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<tr>
<th>Gender stereotypes (&amp; transphobia)</th>
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<td></td>
<td>Telling you they thought you liked “rough sex” or “this is how real men/women like sex”</td>
<td>Claiming they are just being “butch” or that “it’s the hormones” (to explain their violent behavior)</td>
</tr>
<tr>
<td></td>
<td>Declaring you are not a real man/woman</td>
<td>Telling you that there is no way to have safer sex with trans bodies, so you’ll have to have unprotected sex</td>
</tr>
<tr>
<td></td>
<td>Telling you that nobody will ever love you</td>
<td>Threatening suicide, especially while reminding you of how many trans people commit suicide</td>
</tr>
<tr>
<td></td>
<td>Telling you that you don’t deserve better and/or would never find a better partner</td>
<td>Demanding greater share of clothing/grooming funds because their safety is at stake</td>
</tr>
<tr>
<td></td>
<td>Claiming they know what’s best for you, how you should dress or wear makeup (or not) etc.</td>
<td>Claiming they make a better or more attractive man or woman than you do</td>
</tr>
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<th>Tactics Used Against Trans Partners</th>
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<td><strong>Using or undermining identity</strong></td>
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<tr>
<td>▪ Using pronouns not preferred by you or calling you “it”</td>
<td>▪ Accusing you of not allowing hir to have a “proper adolescence”</td>
</tr>
<tr>
<td>▪ Calling you pejorative names</td>
<td>▪ Claiming that your identity “undermines” or is “disrespectful” of theirs</td>
</tr>
<tr>
<td>▪ Ridiculing how your body looks</td>
<td>▪ Stating that trans people are superior because they don’t limit themselves to a restrictive binary and sex role stereotypes</td>
</tr>
<tr>
<td>▪ Telling you that nobody would believe you because you’re transgender</td>
<td></td>
</tr>
<tr>
<td><strong>Violating boundaries</strong></td>
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</tr>
<tr>
<td>▪ Eroticizing/fetishizing your body against your will</td>
<td>▪ Denying that you are affected by transition or by being partnered with a trans person</td>
</tr>
<tr>
<td>▪ Touching parts of your body you don’t want touched, or using terms about your body they know you find offensive</td>
<td>▪ Charging you with “not being supportive” if you ask to discuss questions of transitioning timing and/or expense</td>
</tr>
<tr>
<td>▪ Forbidding you to talk to others about transgender topics</td>
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<td><strong>Restricting access</strong></td>
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<tr>
<td>▪ Denying access to medical treatment or hormones, or coercing you to not pursue medical treatment</td>
<td>▪ Not allowing you to talk to or see your friends</td>
</tr>
<tr>
<td>▪ Hiding or throwing away hormones, clothes, prosthetics, or other trans-specific items</td>
<td>▪ Denying access to parts of the house or apartment (where hormones or clothes may be stored)</td>
</tr>
<tr>
<td>▪ Negating your personal decisions</td>
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</tr>
<tr>
<td>▪ Controlling finances to not allow for purchase of hormones, surgery, clothes, make up, prosthetics</td>
<td>▪ Controlling finances in order to prioritize paying for hormones, surgery, trans-related items (even if risking not paying for rent, food or mutual expenses)</td>
</tr>
</tbody>
</table>

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